

Oxford Vasectomy Clinic

A local service delivered by specialists



Website: www.oxfordvasectomyclinic.com

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Semen analysis procedure

PLEASE READ THESE INSTRUCTIONS CAREFULLY

REMEMBER: contraception **must** continue to be used until you have had a negative sperm test.

A sperm test (semen analysis) should be performed at least **16 weeks** after your procedure (not sooner).

You should try and ejaculate regularly after your vasectomy prior to your semen analysis.

Your semen test should be done after

How to do your semen test

- ➊ After the date indicated, ejaculate into the container provided.
- ➋ Place the sealed container into the pre-labelled specimen bag and seal.
- ➌ Take the specimen to the Manor Hospital (Nuffield Hospital, Beech Road, Headington, Oxford, OX3 7RP) before 9 am Monday to Friday (not at weekends)
- ➍ The result of the analysis will be communicated to you when it is available
- ➎ Only when you have had a negative analysis (no sperm present) are you cleared to have intercourse without other contraception.
- ➏ If you have not heard the result within two weeks please call **01865-307733**
- ➐ Some men require a repeat test if the first test still has sperm present.