

Oxford Vasectomy Clinic

A local service delivered by specialists



Website: www.oxfordvasectomyclinic.com

E-mail: info@oxfordvasectomyclinic.com

Preoperative instructions and after-care guidance for vasectomy.

PLEASE READ THESE INSTRUCTIONS CAREFULLY

We will contact you with a date for your vasectomy

The fee for vasectomy is detailed on our website <http://oxfordvasectomyclinic.com/fees/>
Payment by paypal, cash, debit card or credit card will be taken on arrival.

The day before your vasectomy:

- **SHAVE** the WHOLE SCROTUM SAC thoroughly, especially at the top around the base of the penis, at least 24 hours before the operation.
- Read through the **BAUS consent** form on vasectomy again. Your surgeon will go through this and ask you to sign this prior to your vasectomy.

On the day:

- Bring with you a pair of tight and supportive stretch brief pants or scrotal support (jock strap), and also a dressing gown & slippers if possible.
- Bring some paracetamol tablets with you.

After the procedure:

- You may experience some pain when the local anaesthetic wears off.
- You may need to take the paracetamol that you brought at this point.
- You should not drive after your vasectomy.
- Please make sure you have a driver to collect you after your vasectomy
- Your driver (+/- children) may wait in the waiting room
- You should be ready to leave about 30-45 minutes after your appointment time

When you get home:

- You should lie down for 24 hours, preferably in bed, and rest for the following 24 hours.
- Keep the small wounds covered by the dressing until healed, and do not get them wet.
- Strenuous exercise and flying should be avoided for at least two weeks.
- You may resume sexual intercourse as soon as you feel comfortable.
- **REMEMBER:** contraception must continue to be used until you have had a negative sperm tests. Full instructions about the collection and delivery of specimens will be given when you attend for the operation.

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Location of Jericho Health Centre:

New Radcliffe House
Walton Street
Oxford
OX2 6NW

Please do NOT contact the Jericho Health Centre directly. If you have any enquiries please phone **01865-307733**

